



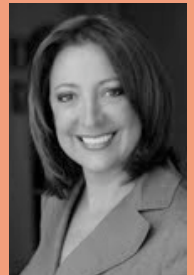
# Y Women Matter!

*Using the 7 Strengths You Already Have to Create the Success You Deserve*

**WHAT:** Y Women Matter! is a new association created by the local YWCA as a way to empower women.

**HOW:** Members will be motivated by the various speakers who will discuss many issues affecting women, including racism, equality, and empowerment. From this experience, like-minded women will be inspired to help women in transition find a voice.

**WHO:** We are pleased to announce our first speaker: **DR. ANA NOGALES**. Dr. Nogales is a clinical psychologist, founder of Nogales Psychological Counseling, Inc. and Clinical Director of Casa de la Familia. She has been the recipient of numerous awards and the author of 3 books and 2 plays. Dr. Nogales has inspired countless women to be confident and make a difference in the world. She has dedicated herself to ensuring the mental health and success of women.



**WHERE:** The meetings will be held quarterly at our historical YWCA house where you will enjoy wine and appetizers, a stimulating topic, and the company of other women.

**MEMBERSHIP:** The cost of individual memberships is \$50 per year and \$150 for organizations of up to 4 women. The membership includes discounted tickets to see speakers, the ability to bring one new guest for free to each meeting, and the availability to rent the YWCA's historical house for personal events. The cost for this event is \$15 for members and \$25 for non-members.



COME JOIN US:  
5:30- 7:00pm  
October 12<sup>th</sup>

**WHEN:** Our first meeting will be on  
**TUESDAY, OCTOBER 12, 2010.**

**RESERVE NOW:** (714) 633-4950 or VISIT [www.ywcacoc.org](http://www.ywcacoc.org)

**ywca** Central Orange County

133 North Grand Street, Orange, CA 92866

[www.ywcacoc.org](http://www.ywcacoc.org)