

MORE BOOKS

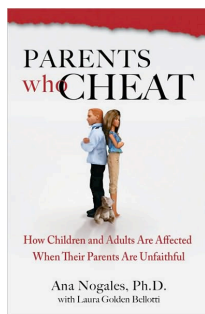


By Ana Nogales

Parents Who Cheat:

How Children and Adults Are Affected When Their Parents are Unfaithful

(HCI Books, 2009)



Ana Nogales, Ph.D., combines her reflections from her thirty-five years of clinical practice with her current research, to reveal the profound effects on children and adult children when one parent betrays the other. *Parents Who Cheat* explains how a child's perception of love and marriage can be forever altered, how self-esteem and trust are often severely damaged, and why adult children whose parents were unfaithful often choose unfaithful partners or become unfaithful themselves. Offering advice and practical solutions, the book points the way toward healing, forgiveness, and healthier, more trusting relationships with parents and partners.

Latina Power! Using 7 Strengths You Already Have to Create the Success You Deserve

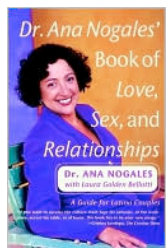
(Simon & Schuster, 2003)



In this empowering guide, Dr. Ana Nogales encourages Latinas to move beyond their expected roles and become the women they wish to be by embracing the seven traits they inherit naturally from their Latino culture. Filled with the personal stories of successful Latinas, including novelist Isabelle Allende, TV journalist Cristina Saralegui, and *Latina* magazine founder Christy Haubegger, *Latina Power* inspires readers to vigorously pursue their own dreams.

Dr. Ana Nogales' Book of Love, Sex, and Relationships

(Broadway Books, 1999)



In this compassionate, practical, and long-awaited book, Dr. Ana Nogales provides wisdom and insight for the millions of Latinos who find themselves caught between two worlds -- the traditions of their Latino upbringing and the demands of modern American society. Exploring how cultural attitudes and social pressures affect the way Latinos relate to those they love, Dr. Nogales describes the challenges Latinos encounter as they grapple with what can often be a difficult and wide cultural divide.

For Author Interviews: Contact Robin Blakely/Get There Media at 660-973-2723