

## ABOUT DR. ANA NOGALES

# Dr. Ana Nogales



**Ana Nogales, Ph.D.** is a clinical psychologist, founder of Nogales Psychological Counseling, Inc., and Clinical Director of the nonprofit organization that she founded, Casa de la Familia, established for victims of crime such as rape, sexual assault, child sexual and physical abuse, human trafficking, and domestic violence. She practices in Los Angeles and Orange Counties, supervising a clinical program of forty bilingual/bi-cultural mental health professionals and an outreach and engagement program.

Dr. Nogales is also the President of ALMA, Association for Latino Mental Health Awareness in Orange County and a board member of Women's Transitional Living Center, Multi Ethnic Task Force, and Las Comadres para las Americas.

The author of several books, Dr. Nogales' newest release is *Parents Who Cheat: How Children and Adults Are Affected When Their Parents Are Unfaithful* (HCI Books). Her previous books include *Latina Power! Using the Seven Strengths You Already Have to Create the Success You Deserve* (Simon & Schuster) and *Dr. Ana Nogales' Book of Love, Sex and Relationships, A Guide for Latino Couples* (Broadway Books).

Dr. Nogales has been featured regularly in the media, particularly on Univision and Telemundo, where she has hosted her own talk show. For seventeen years, she wrote a weekly column for *La Opinión* (Los Angeles) and several other magazines. She has been a featured speaker at numerous workshops and conferences throughout the US, including the Women, Power and Peace Conference at the Omega Institute and the Women's Foundation.

In 2009, Dr. Nogales was the recipient of the Heritage Humanitarian Award by the United States International Mission and One Million Kids and was honored as Amazing Woman of the Year by the National Association of Women Business Owners. She received the Latina Entrepreneur of the Year Award from the National Latina Business Women Association in 2007 and was presented with the Humanitarian Award by SOKA GAKKAI INTERNATIONAL and SGI-USA in 2006. Her life and accomplishments have been featured in the exhibit "Latinas: The Spirit of California" at the California Museum for History, Women, and the Arts, in Sacramento since 2005.

Visit [www.ananogales.com](http://www.ananogales.com)

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**For Author Interviews: Contact Robin Blakely/Get There Media at 660-973-2723**